

# Join the big week of action on climate change

**21st to 27th March 2011**

**The NFWI is supporting Climate Week 2011 to inspire more action on climate change.**

Climate Week will shine a spotlight on the many positive steps already being taken across Britain to tackle climate change.

WI members have led the charge to protect our environment, taking action in our own lives and pressing the Government for stronger action.

Now we want WI members to use this experience to inspire others, by holding special events during the week.

We've included some ideas below, but there are many other ways to raise awareness.

Do remember to let the Public Affairs Department know what you are planning, and to send us photos and information about how your events went on the day.



Ruth Bond signs a declaration against dirty power stations aboard the Greenpeace Rainbow Warrior.

## How to get involved

### Hold a low-carbon lunch



**Why not include some of Eat Seasonably's March food heroes?**

Spring greens, Cauliflower, Leek, Savoy Cabbage and Kale are at their best in March.

**Climate Week is all about inspiring action and spreading the word, so why not talk climate change over an eco-friendly lunch?**

Inviting friends and family over for lunch is not only a great way to spend an afternoon, it can also help reduce your impact on the environment.

- **Make your menu seasonal:** fruit and vegetables grown locally and in season taste better and need less energy to produce and transport.
- **Challenge your guests to travel green:** challenge your guests to a green travel competition—the one who uses the greenest mode of transport to arrive at the lunch avoids the washing up!
- **Fill your oven:** planning your menu so that you make maximum use of your oven when it is turned on can help you use energy more efficiently.
- **Love Food, Hate Waste:** we all need to do our bit to help reduce the amount of waste going to landfill—so make sure you use up those leftovers.

# Visit an Old Home SuperHome

**Visiting an old home may not be the first thing that springs to mind when thinking about cutting CO2, but all over England and Wales houses are hiding an eco secret.**

Hundreds of ordinary homes have been given an eco-refurb to cut their carbon emissions and turn them into 'SuperHomes'.

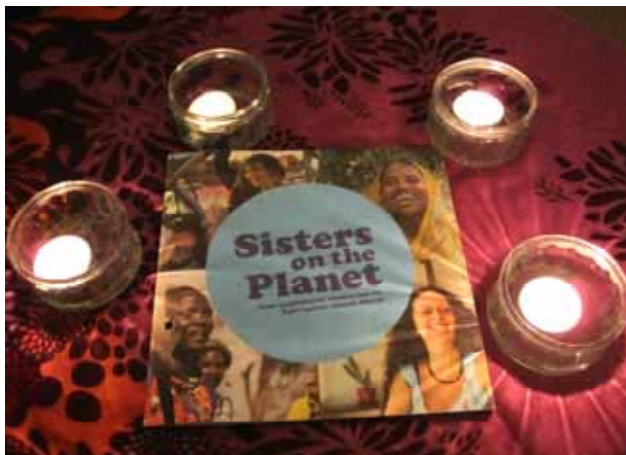
The NFWI is working with the Sustainable Energy Academy to give WI members the chance to visit a SuperHome near them and find out more.

The SuperHome open week takes place between Sunday 27th and Sunday 4th April 2011, and visits can be booked online at <http://www.sustainable-energyacademy.org.uk/>.

Contact Emma in Public Affairs for more information.



# Hold a candlelit film night



**Hearing the stories of others can be a really powerful way to spread the message about climate change.**

So why not gather friends and family together to watch one of these films by candlelight?

Oxfam's film 'Sisters on the Planet' tells the inspirational story of four women from around the world who are determined to fight climate change. You can order a free dvd of the film at:

[http://www.oxfam.org.uk/get\\_involved/campaign/climate\\_change/sisters/dvdform.html](http://www.oxfam.org.uk/get_involved/campaign/climate_change/sisters/dvdform.html)

Members in the NFWI's film 'A World Without Jam' present a worrying vision of a future where climate change continues unchecked, but also show us that its not too late to change.

To borrow a dvd of this film please contact your federation or speak to Emma Lindsay in Public Affairs.

# Get the energy saving buzz

**WI members are being offered a free energy saving product as part of the Government's commitment to reducing UK energy consumption.**

## FREE Water Widget

This gadget will help you turn your shower into an eco-shower. The Water Widget takes less than five minutes to fit, but uses up to 70% less water and could save you up to £80 a year on utility bills.

The Water Widget is not recommended for electric showers or suitable for low-flow showers.

## How to apply

All you need to do to apply is log on to [www.freegreengadgets.co.uk](http://www.freegreengadgets.co.uk) and use the promotional code NFWI.



## Useful Contacts

If you have any questions about these activities, please don't hesitate to contact Emma Lindsay in the Public Affairs Department via the details below:

Tel. 020 7371 9300 (ext 213)

Email: [e.lindsay@nfwl.org.uk](mailto:e.lindsay@nfwl.org.uk)

Post: Public Affairs, NFWI, 104 New Kings Road, London, SW6 4LY.

You can register your event online here:

[www.climateweek.com](http://www.climateweek.com)

Old Home Superhome:

[www.sustainableenergyacademy.org.uk](http://www.sustainableenergyacademy.org.uk)

Eat Seasonably:

[www.eatseasonably.org.uk](http://www.eatseasonably.org.uk)

Free energy gadgets:

[www.freegreengadgets.co.uk](http://www.freegreengadgets.co.uk)

**Don't forget! Do keep the Public Affairs team up to date with what you are planning, let us know how the event goes, and send us photos!**